

Highland Park Soo Bahk Do  
1<sup>st</sup> Gup Kids Test



Name \_\_\_\_\_ Date \_\_\_\_\_ Gup Number \_\_\_\_\_

**\*\*\*You must be studying the Gup/Dan Manual as a 1<sup>st</sup> Gup Candidate\*\*\***

List the 8 Key Concepts in Korean and English:

- |    |    |
|----|----|
| 1. | 5. |
| 2. | 6. |
| 3. | 7. |
| 4. | 8. |

List the 5 Moo Do Values:

- 1.
- 2.
- 3.
- 4.
- 5.

Explain the Ceremony of presenting IL Soo Sik and Ho Sin Sool.

**Culture, Terminology, and History**

Candidate should be able to explain his or her understanding of the following:

1. Describe some of the unique areas of the Moo Duk Kwan (unique areas as highlighted in the Vision Tour).
2. Personal growth benefits from Soo Bahk Do training
3. Meaning of "Do"