

**United States Soo Bahk Do
Moo Duk Kwan Federation, Inc. ®**

**APPLICATION
FOR GUP PROMOTION**

(Use your "tab" key and fill out the gray boxes below, print when finished)

FOR H.Q. USE:
T.A.C. APP. _____
FEE PD. _____
RECORDED _____
ID & CERT. _____

Testing Date: _____ Studio Certification No.: _____
Gup Membership No.: _____ Expiration Date: _____
Name of Studio: _____
Name: _____ Male Female
Address: _____
(street) (city) (state) (zip)
Date of Birth: _____ Telephone: (_____) _____
Occupation: _____ Education Level: _____
Entrance date: _____ Last promotion date: _____ Present rank: _____

Applicant's Signature: _____

Parent's Signature (if under 18): _____

Recommended by (Instructor): _____ Rank: _____ Dan No.: _____

- Point System: An average score of 9.0 or above: 2 level promotion
 An average score of 7.0 or above: 1 level promotion
 An average score below 7.0: Fail

*AVERAGE SCORE is determined from taking an overall average of:
1) Average score from Soo Gi 3) Average score from control
2) Average score from Jok Gi 4) Each score from each Hyungs
5) Each score from 3 Step Sparr, Free Sparring, Self-Defense, Breaking, and Terminology

Mail all correspondence to: Technical Advisory Committee
United States Soo Bahk Do
Moo Duk Kwan Federation Inc. ®
P.O. Box 154
Springfield, N.J. 07081

I recommend promotion of this student to _____ Gup. Average Score: _____

FOR STUDIO USE: Class Attendance _____ Class in general: _____ Retest Status: _____	Signature of Examiner(s) and ID#:
	1) _____
	2) _____
	3) _____
	4) _____

SOO GI	SCORE	JUK GI	SCORE	HYUNGS	SCORE	OTHERS	SCORE
LOW BLOCK / TUEL OH	/	FRONT HIGH KICK		BASIC FORM #1		3-STEP SPARRING	
MIDDLE PUNCH / TUEL OH	/	FRONT SNAP KICK		BASIC FORM #2		1-STEP SPARRING	
HIGH PUNCH / TUEL OH	/	SIDE HIGH KICK		BASIC FORM #3		FREE SPARRING	
HIGH BLOCK / TUEL OH	/	SIDE SNAP KICK		PYONG AHN CHO DAN		SELF-DEFENSE	
INSIDE / OUTS IDE BLOCK / TUEL OH	/	ROUNDHOUSE KICK		PYONG AHN E DAN		BREAKING	
OUTSIDE / INSIDE BLOCK / TUEL OH	/	BACK SNAP KICK		PYONG AHN SAM DAN		CONTROL	SCORE
SIDE PUNCH		INSIDE / OUTSIDE SNAP KICK		PYONG AHN SA DAN		EYE FOCUS CONTROL	
SIDE BLOCK		OUTSIDE / INSIDE SNAP KICK		PYONG AHN O DAN		BALANCE CONTROL	
X LOW BLOCK		SIDE HOOK KICK		PASSAI		BREATHING CONTROL	
2FIST HU GUL BLOCK		FRONT PUSH KICK		CHIL SUNG IL RO		TENSION AND RELAX CNTR	
2 FIST GHUN GUL BLOCK		BACK SPINNING KICK (SHORT)		CHIL SUNG E RO		SPEED & POWER CTRL	
SOO DO LOW BLOCK		BACK SPINNING KICK (LONG)		CHIL SUNG SAM RO		TIMING CONTROL	
SOO DO MIDDLE BLOCK		FRONT JUMP KICK		YUK RO CHO DAN		DISTANCE CONTROL	
SOO DO HIGH BLOCK		SIDE JUMP KICK		YUK RO E DAN		AVGE SCORE FOR CONTRL	
SPEAR HAND / TUEL OH	/	ROUNDHOUSE JUMP KICK		YUK RO SAM DAN			
SOO DO STRIKE / TUEL OH	/	JUMP INSIDE / OUTSIDE SNAP KICK		EXAMINER'S NOTES: 			
YUK SOO DO STRIKE		JUMPING OUTSIDE / INSIDE SNAP KICK					
YUK JIN KONG KYUK		JUMPING BACK SNAP KICK					
HAND COMBINATIONS #1		FOOT COMBINATIONS #1					
#2		#2					
#3		#3					
#4		HAND AND FOOT COMBINATIONS #1					
#5		#2					
AVERAGE SCORE FOR SOO GI		AVERAGE SCORE FOR JUK GI					