

Region 7 Shimsa Application

Name:
Address:

Telephone:
Instructor:
Dan Number:
Date of Last promotion:
Level you would like to test for:

Please answer the following questions as they pertain to the last 4 years of your training. Your answers should be specific and include dates and locations of all events.

- 1) List the Soo Bahk Do National/Regional Championships that you have participated in.
- 2) List the Soo Bahk Do National/Regional Championships that you have organized or assisted with.
- 3) List the Soo Bahk Do National/Regional clinics that you have participated in.
- 4) List the Soo Bahk Do Shimsas that you have observed/participated in.
- 5) List contributions that you have made to your region.
- 6) List contributions that you have made on a national level.
- 7) List any awards that you have received.
- 8) List the number and skill level of your students. (Ex. 15 white belts, 12 orange belts, 7 green belts, 5 red, 1 Cho Dan).
- 9) How often do you train with your students?
- 10) How often do you train with your instructor?
- 11) Why should you be considered for this promotion?

This is **your** application to be considered for Dan promotion. Dan promotion is a very serious matter. Your understanding of the importance of this undertaking should be demonstrated in the content and presentation of your application.